Sexual Recovery

Urethral Suppositories





Suppository size reference

Suppositories are very small and are easily tolerated by most men. They come with an easy-to-use applicator. You will need a prescription to use the suppositories.

How they work

The suppositories are about the size of a grain of rice. You insert them into the opening of the penis (urethra) using a special applicator. The medicine in urethral suppositories widens the diameter of the arteries in the penis, and increases blood flow into the penis.

The medicine in the urethral suppositories can also come as a gel that you insert into the urethra. Your doctor or nurse can teach you how to insert the suppository in the office, and decide on a dose that works well for you.

Side effects

Most men do well with suppositories, but some temporary reactions can include:

- Pain in the penis
- Pain or burning sensation in the urethra
- · Pain in the testicles

Potential Risks

A history of any of the following conditions could make urethral suppositories risky for you to use:

- History of sickle cell anemia
- History of leukemia, lymphoma, or myeloma
- History of difficulty pushing urine through the urethra (urethral stricture)

Talk to your doctor about all of your health conditions and any medications you take. This will help prevent potential problems.

