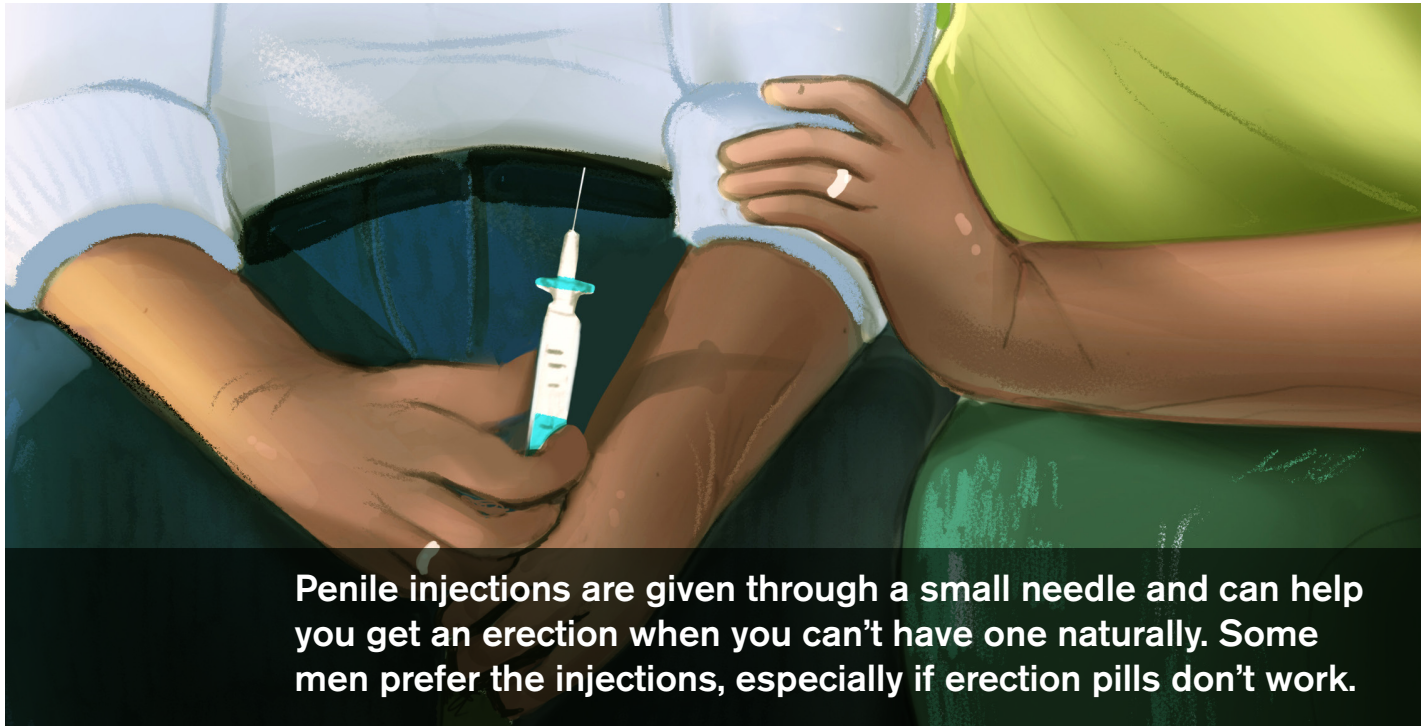
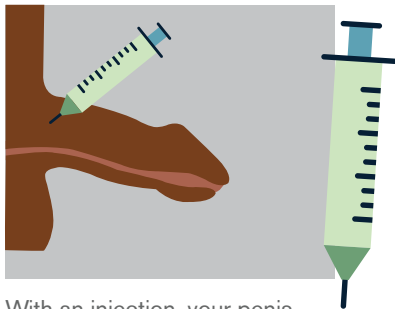


Sexual Recovery

Penile Injections



Penile injections are given through a small needle and can help you get an erection when you can't have one naturally. Some men prefer the injections, especially if erection pills don't work.



With an injection, your penis can typically become erect after 15 to 20 minutes.

Does it hurt?

Here's what men had to say about the injections:

"I was surprised how easy and painlessly the needle went in. I did get some aching pain after but it's really not bad."

"It felt like a mosquito bite. Just a twinge – not painful like I expected. And definitely worth it!"

How they work

A very small and thin needle (like a diabetic needle) injects medicine along the side of the penis. The medicine relaxes the outer wall muscles of the penis, making it easier for blood to flow and an erection to happen. The erection usually lasts between 20 minutes to an hour, although you may reach orgasm sooner.

Side effects

Most medicines have some side effects and risks. Temporary side effects from penile injections may include:

- Bruising or bleeding at the injection site
- Penile pain (during injection or erection)
- Prolonged erection (an unwanted erection that lasts for hours and is painful)

Contact your doctor immediately if you have an erection that lasts longer than 4 hours.

Possible, but rare, side effects include:

- Scarring at the injection site
- Curving of the penis

Potential Risks

Penile injections could be risky if you have a history of:

- Sickle cell anemia or trait
- Leukemia, lymphoma, or myeloma

Ask your doctor for a prescription

If you want to try penile injections, talk to your doctor.

Your doctor can:

- Prescribe the medicine
- Help decide on a dose that works well for you
- Teach you how to give yourself the injection
- Answer questions about other erection methods

Depending on what your doctor prescribes, the injections may be brand name, generic, or compounded:

- Edex® (brand name)
- Prostaglandin E-1 (generic)
- BiMix or TriMix or Quadmix (compounded, and available at a special pharmacy)

